

HEALTH OVERVIEW AND SCRUTINY COMMITTEE
11 NOVEMBER 2015

REPORT OF THE DIRECTOR OF PUBLIC HEALTH

UNIFIED PREVENTION BOARD UPDATE

Purpose of report

1. The purpose of this report is to inform the Health Overview and Scrutiny Committee of the work undertaken by the Unified Prevention Board, and give examples of the successful areas of work to date.

Policy Framework and Previous Decisions

2. The Unified Prevention Board is one of four work streams in the Better Care Fund plan for Leicestershire which aims to focus on improving self-care, education and prevention, and this will be achieved by:-
 - (a) Consolidating existing prevention services.
 - (b) Enhancing carer assessments and carer health and wellbeing services.
 - (c) Introducing a new integrated housing offer.
 - (d) Introducing Local Area Coordination.
 - (e) Developing a business case based on our vision for a new unified prevention offer across agencies.
 - (f) The implementation of the Leicestershire County Council Communities Strategy
3. The Unified Prevention Board (UPB) is a sub-group of the Integration Executive and delivery body of the Leicestershire Health and Wellbeing Board.

Background

4. The key Objectives of the Unified Prevention Board are to :-
 - (a) Set the strategic direction for a unified prevention offer across Leicestershire as part of the Better Care Fund Plan;
 - (b) Be accountable for ensuring the delivery of the existing jointly funded prevention programmes outlined in the Better Care Fund ensuring resources are targeted appropriately;
 - (c) Ensure delivery against Better Care Together strategic priorities relating to early intervention and prevention;
 - (d) Bring together prevention activity across the Council and partners; develop a single prevention strategy and ensure implementation of the strategy through cross-partnership working.
5. The Board includes representatives from the following:-

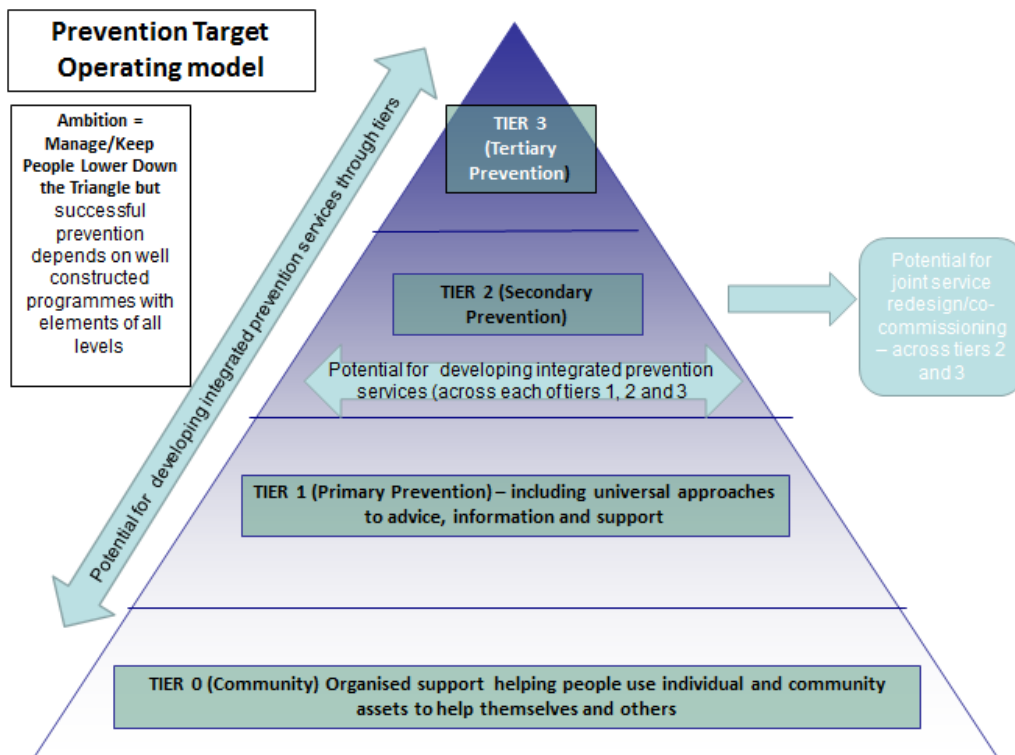
- Leicestershire County Council – Public Health, Adult and Communities, Children and Families and Chief Executives;
- East Leicestershire and Rutland Clinical Commissioning Group (ELRCCG);
- West Leicestershire Clinical Commissioning Group (WLCCG);
- Healthwatch;
- District Councils – Housing, communities, health and welfare reform;
- Leicestershire Fire & Rescue Service;
- Office of the Police and Crime Commissioner;
- Leicestershire and Rutland Sport.

6. Across the Unified Prevention Board an emerging model for prevention is being developed, which can be seen in diagram 1.

7. This highlights the critical element of building community capacity and providing strong and consistent information and advice to people, alongside preventative services. This is focussed on:

- Primary prevention: Keeping healthy people healthy;
- Secondary prevention: Preventing those with existing disease or conditions developing problems requiring service intervention;
- Tertiary prevention: Stopping the deterioration in those with existing diseases and enabling as full a recovery as possible.

Diagram 1.



Key Developments

8. Key developments under the Unified Prevention Board have been the implementation of Local Area Coordination (LAC), the Lightbulb Project and My Health My Life service, alongside existing work on assistive technology and the carers strategy which also comes under the aegis of the Unified Prevention Board.

Local Area Co-Ordination

9. Local Area Coordination is focused on helping isolated, excluded and vulnerable people and communities to stay strong and in control. The aim is to divert people from formal services through sustainable, local individual and community solutions. LAC builds the resources, networks and resilience of those who need help before they hit crisis, and helps to foster an inclusive, friendly and supportive community around them.
10. The LAC Manager has been in post since February 2015 and the Co-ordinators have been in post since June/July 2015.
11. The LAC project is being piloted in specific localities across the County. These are:-
 - (a) Blaby: Braunstone and Thorpe Astley and Enderby;
 - (b) Charnwood: Hastings Wards and Thorpe Acre;
 - (c) Hinckley and Bosworth: Barwell and Newbold Verdon and Desford;
 - (d) Melton: Melton Town and Asfordby.
12. The first task for the LAC's was to undertake a mapping exercise of all existing/known community assets in each locality to ensure they had a clear oversight of the particular assets available to them to enable them to fully support people and signpost effectively.
13. An outcomes framework has been developed for LAC and an independent evaluation of the service has been commissioned to ensure the outcomes, benefits and potential costs avoided to both health and social care through the implementation of this model can be validated.
14. The co-ordinators can tackle issues such as isolation, by signposting people to what is already on offer, such as community centres and voluntary activities, as well helping to strengthen family and social networks.
15. There is a LAC leadership group in place with partners from across the County which meets on a regular basis to receive updates on progress, resolve issues and barriers and ensure that LAC continues to evolve and improve.

Lightbulb

16. The Lightbulb housing project received a £1 million transformation challenge award from the Department of Communities and Local Government, and aims to integrate a wide range of housing support into one easy to access service across Leicestershire, demonstrating a clear, positive impact on health and wellbeing.
17. As part of a pilot of this project, Blaby District Council hosts the both technical housing and grants officers and occupational therapists as a co-located team, to integrate these traditionally fragmented services.

18. The pilot, covering Blaby and North West Leicestershire, has focussed on adaptations in the home for elderly and disabled people - for example, stair lifts, handrails, or changes to a bathroom. The team is already finding ways to streamline the often lengthy processes that can occur between agencies, causing delays and frustrations for residents and professionals.
19. Using the learning from the adaptations pilot, the rollout will continue into other areas, where the model will focus on integration with health services, for example GP practices. This will aim to bring together a range of practical housing support such as warm homes advice, handyperson services, and home hazards/falls prevention through a single point of contact and assessment process, which are all part of the future vision for Lightbulb.

My Health My Life

20. The development of the 'My Health My Life' service is currently in its implementation phase. This combines web-based information and self-help tools, telephone assessment and motivation support and referral management from frontline contact through to community and public services. It provides a single referral point for information and advice on a broad range of issues including:
- (a) Lifestyle Behaviours – smoking, physical activity, substance misuse issues;
 - (b) Local Welfare Provision;
 - (c) First Contact – debt, benefits, housing issues, health and wellbeing, etc.;
 - (d) Other issues – falls prevention, mental health, sexual health, your home, feeling safe and living independently.
21. The emphasis is on self-help and providing the right level of intervention if needed. The service will be accessible to all frontline staff, who will be trained and supported to adopt the approach and use the system. In Primary Care, and potentially in other NHS settings, the service will make it easier for staff to navigate the complex landscape of community support and to support patients to self-help and address wider influences on their health and wellbeing.
22. The intention is to rollout the scheme across GP practices to ensure that it provides a simple referral point for GP's to refer patients for further advice and guidance. Eight GP practices have currently signed up as pilot partners. The pilot will help inform how we work across practices countywide and ensure that the engagement is targeted and effective.
23. Referrals from Proactive Care Coordinators (WLCCG) and Integrated Care Coordinators (ELRCCG) have remained constant, being the second largest referral source. Both these groups work with patients from associated practices so First Contact continues to work well for vulnerable patients.

Assistive Technology

24. Baseline data has been collated for Assistive Technology (AT) across the County since April 2015. There has been a significant amount of work in this area to ensure that we maximise the potential that assistive technology can have in ensuring that people are able to remain at home and independent for as long as possible.

25. A partnership workshop took place which has produced a short, medium and longer term action plan around the partnership approach to Assistive Technology which will be monitored by the Unified Prevention Board.
26. To date, there have been 90 referrals to support hospital discharge, of which 44 have been in conjunction with the Homecare Assessment and Reablement Team Service (HART) service. The majority of the referrals (all but six) were for falls prevention. There have been 55 referrals that have been reported as avoiding a hospital admission, with 49 of these anecdotally being recorded as avoiding admissions for falls. All but one record showed that AT was the only intervention being installed at that time. Going forward, these records will be measured to see how they contribute to a reduction in use of the acute care system. Ongoing work with the Greater East Midlands Commissioning Support Unit and Care and Health Trak will help to determine this.

Resource Implications

27. The work of the Unified Prevention Board is delivered by core service offers within LCC and District Councils with specific services and interventions such as LAC are funded through the Better Care Fund.

Conclusions

28. The Health Overview and Scrutiny Committee is asked to note the progress made to date in relation to the development of the Unified Prevention Board and associated schemes within the Better Care Fund.

Background Papers

None.

Circulation under the Local Issues Alert Procedure.

None

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Equality and Human Rights Impact Assessment

29. The Unified Prevention Board is a subject to Equality and Human Rights Impact Assessment, as part of the Better Care Together. The work of the Board is designed to reduce inequalities associated with housing, ill health, disability or place of residence through preventative services.